

# **TERM 3 2024**

# **NEWSLETTER**





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# PRINCIPALS MESSAGE

Term 3 has flown by with the students keeping busy with excursions, incursions and many out at their Workplace Learning Placements. The students enjoyed the Kalability AFL carnival hosted by Kalamunda, the Sensory Convergence Container was a big hit and it is something we are looking at having on site in the future for a day. The all-school trip to Optus stadium was a great day. We are looking forward to the students from Kenwick joining our students for a collaboration day on Friday 20 September.

I have been successful in obtaining the role of substantive Principal for the school and I look forward to working with the staff, students, parents/carers and the board to co-create meaningful and fulfilling pathways for students to start and maintain their post-school journey.

Students enjoyed a day filled with fun and purpose for R U OK Day on 12 September, we enjoyed seeing everyone in their yellow (or bright coloured) clothing. Thank you to Bunnings for coming in to help the student plant a native garden near our new R U OK bench.

School fees are essential in the provision of resources for all students. Thank you to those parents who have paid the 2024 school fees. If you have yet to pay your school fees, please contact the Manager of Corporate Services Kim Bertuola on 9581 0571 to pay or set up a payment plan. EFTPOS facilities are available for in person or over the phone payments.

## **Staff Goodbyes**

·Julie Higham a teacher who has been with us for 8 years.

Thank you to the students, staff and parents/carers for a wonderful Term 3.

Kristin Lucas  
Principal





# JOHN TONKIN COLLEGE ESC

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## SCHOOL BOARD MEMBERS



**Kristin Lucas**  
Principal



**Laura Tolomei**  
Chairperson



**Clare Munro**  
Staff



**Aaron Spice**  
Staff



**Penelope Madigan**  
Staff



**Shannon Wright**  
Community



**Chilambe Kawame**  
Community



**Nancy Hartnett**  
Community



**Sarah Cousins**  
Parent



**Jenny Green**  
Community



# STUDENT SERVICES

Clare Munro - Meagan Green - Julie Woodman

Student services have been actively engaged in addressing individual student needs throughout the term, fostering collaboration between students and staff on significant events like Wear it Purple Day, which celebrates LGBT+ youth, and RUOK Day, promoting mental health awareness. Through interactive activities, these initiatives have created an inclusive environment that encourages dialogue and support within the community.



The integration of School Support Dogs like Hanna and Maple is proving valuable in creating a welcoming environment for students, especially in fostering connections with those who may have had limited interactions with dogs. By preparing social stories in each classroom, the school is effectively educating students on how to engage respectfully with the dogs, helping to enhance both the students' emotional wellbeing and the overall school community.

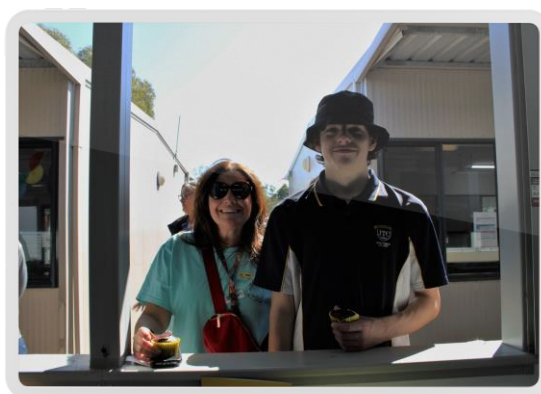
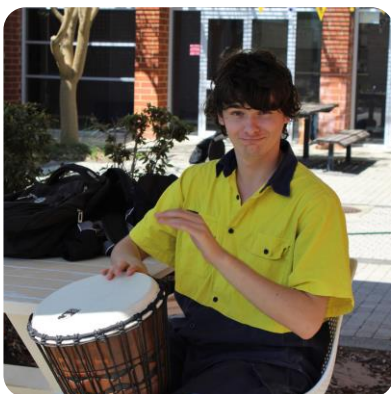


It's fantastic to see how our School Support Dogs are actively contributing to the school environment, not only providing emotional support to students but also participating in practical activities like preparing the RUOK garden area for planting! Their presence enhances the sense of community and encourages student engagement in nurturing projects.





# RUOK? DAY™



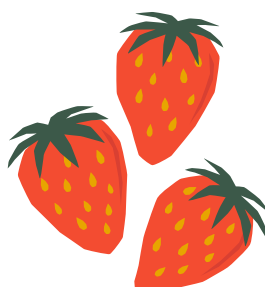


# BREAKFAST CLUB

Sue Dao



The Breakfast Club fosters connections with students, helping schools establish safe and inclusive environments that promote positive social relationships between students and staff.





# T2

Tarryn Lambert



T2 students have been actively participating in community activities, enjoying both the fresh air and hands-on learning experiences. They apply skills learned in Numeracy and Literacy classes during these outings.

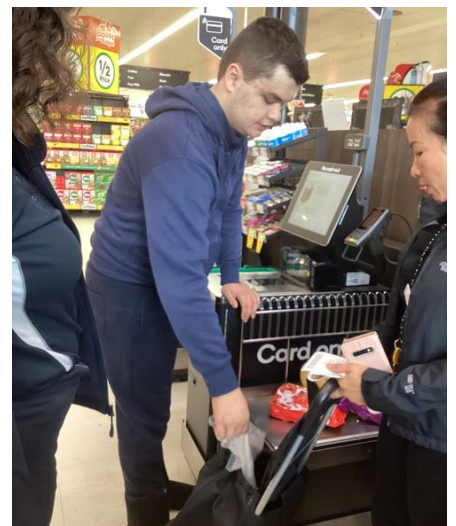
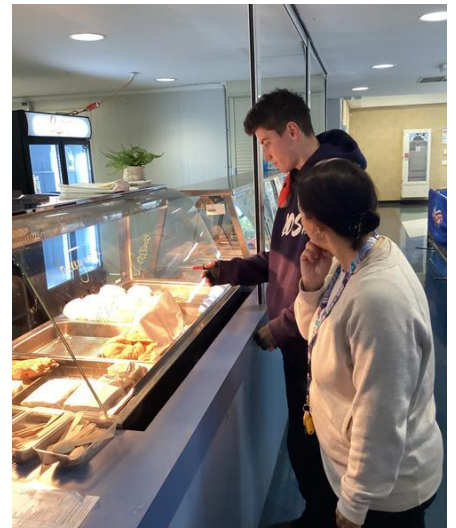
Accompanied by staff, students walk to Woolworths to buy ingredients for the Breakfast Club and Future Stars programs. They bring essential items like an umbrella for rainy days, a shopping bag, a first aid kit, and money for groceries.

At the store, students practice finding items, asking for help from shop assistants when needed, and using their communication skills to greet, thank, and pay with a card.

They also practice road safety while crossing streets, following rules to stay safe. Students enjoy visiting the Murray Recreation Centre, where they exercise and socialise in the Hydrotherapy Pools.

In the kitchen, they help wash and fold tea towels, organise utensils, and participate in recycling and waste disposal on campus, learning the importance of cleanliness and sustainability.

This term, students have planned outings like visiting local cafés enjoyed a lunch outing at Saltbush Restaurant as part of the ASDAN "Out in the Community" module. This term has been enriching, and we eagerly anticipate more valuable learning experiences in the next term.







# FG03

Lexie Brockman



FG03 have been busy this term working on their ASDAN work. This allowed us to practice picking and ordering items, writing shopping lists, finding items in a store and interacting with different hospitality and retail workers.

We have also learnt where to go if we need information, have a problem or need help and how to access our networks through safe people or workers there to help us. We have been also focusing on our Maths work and feel proud of how much we are learning and so are the staff in our class!







# FG04

Duncan Sanders

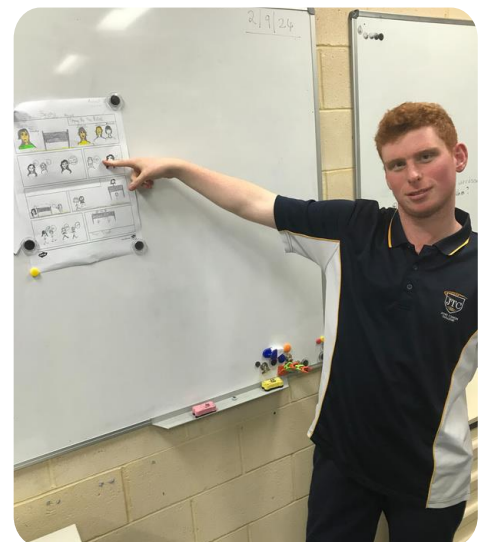
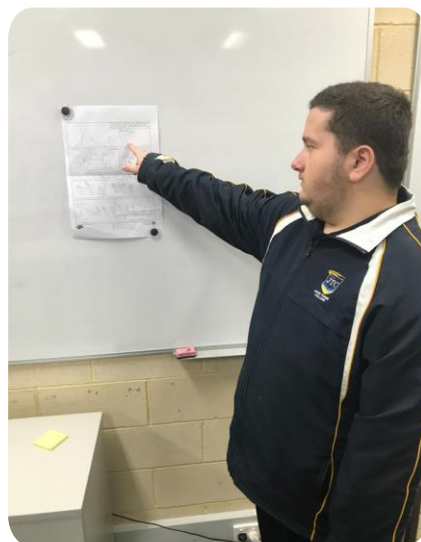
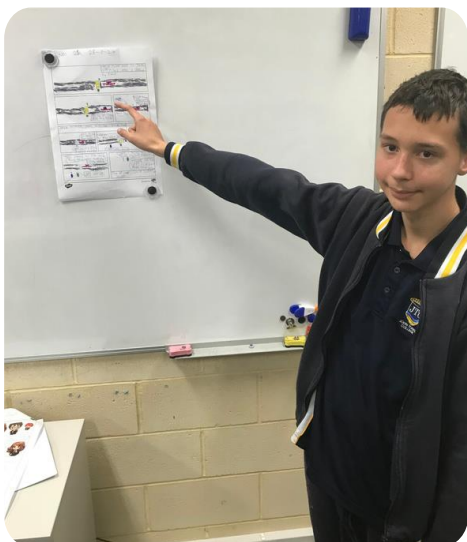
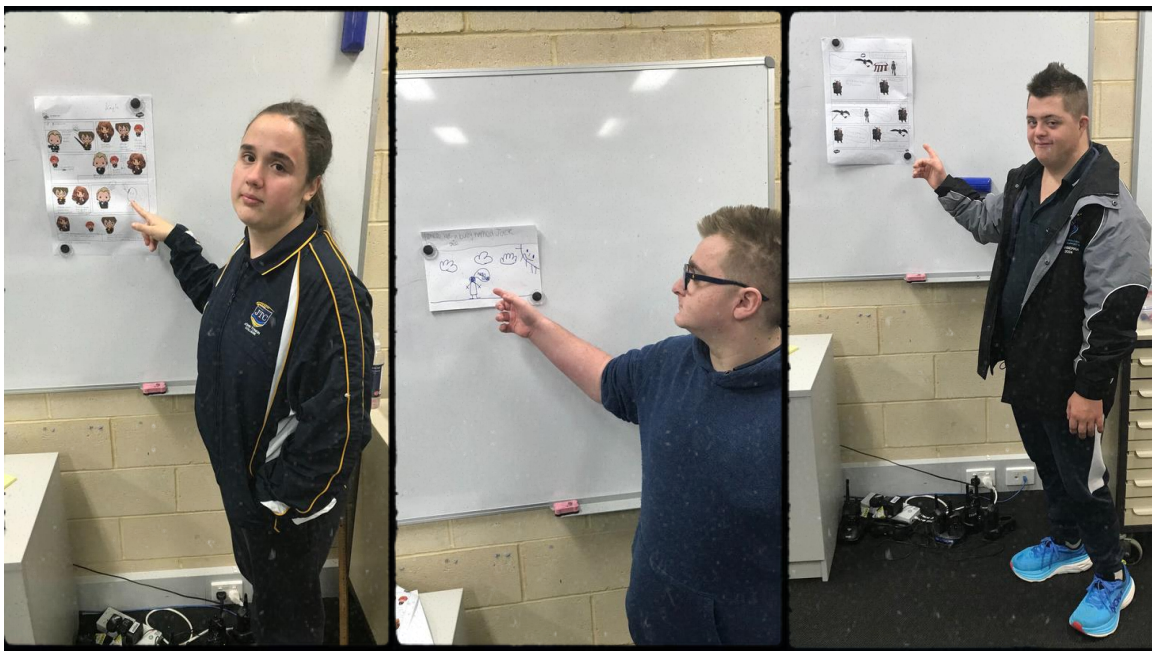


This term in Class FG04 has been full of learning and growth across multiple subjects. In Numeracy, students have continued working on their Preliminary Units, focusing on budgeting and understanding statistics such as mean, mode, and median. These concepts have been explored through practical examples that are relevant to everyday life.

In Literacy, we've tackled important topics like Diversity and safety in the community. Students created engaging PowerPoints and comic strips to illustrate both the positive and negative consequences of actions, promoting a deeper understanding of responsible decision-making.

In Health, we've addressed critical issues affecting young people today, studying the dangers of alcohol, drugs, and vaping. Through discussions and interactive activities, students gained awareness of the risks involved and how to make safer choices.

It's been a term of hands-on learning, creativity, and important life lessons!





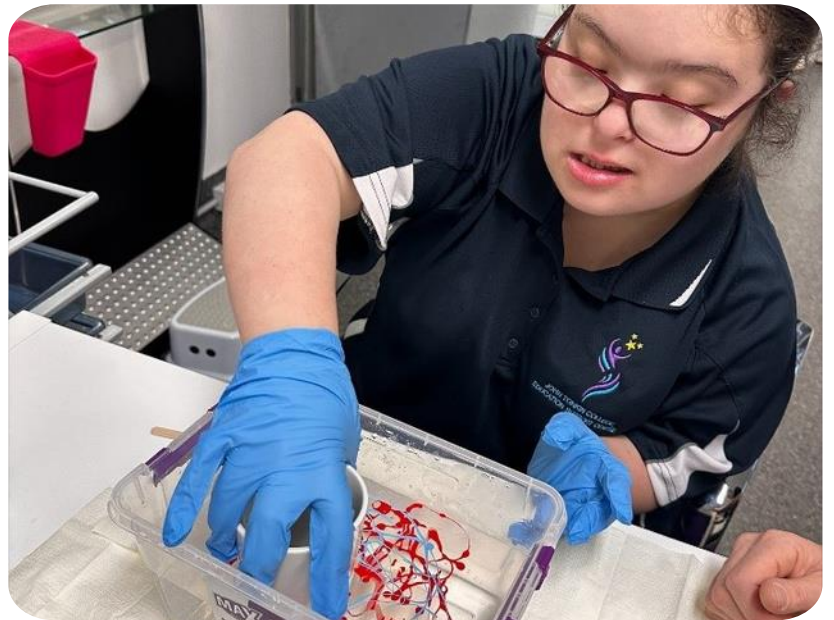
# FG09

**Megan Smith**

It has been another wonderful term in FG09! Throughout the term, students have strengthened their social, emotional and communication skills through various scenario-based activities, teamwork games (such as 'the tallest tower') and role-play in English through interviews and mini movies.

We are continuing to build on healthy decision-making at home, school and in the community, which has been our key focus in Health. Students have also been working hard towards finishing their English and Maths assessments, so that they don't have too many to complete next term when there are a lot of exciting excursions on!

They are looking forward to a busy Term 4, with some very exciting events on such as the Cadet Camps and the Year 12 Graduation! The FG09 class has very kindly and enthusiastically said yes to making a few items to sell at the upcoming Malibu Market Day next term... we have decided on marble mugs (a DIY nail polish project) and some other crafts like mosaic tile coasters! A great term!





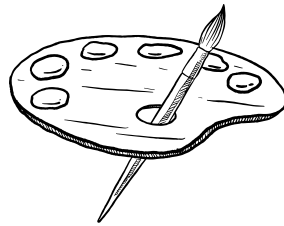


# ART

Laura Tolomei

This term we have focussed on Ceramics and portraits. We had a lot of fun making clay face pots. Students had a free choice of what they made for their second piece. We purchased a heap of new glazes, so our clay work is going to look very colourful.

The portrait exhibition by Vincent Namatjira at the National Gallery in Canberra inspired our journey into portrait painting. We learned about facial proportions, how to create skin tones with acrylic paint, and how to use them to paint noses, lips and eyes. The finished portraits look fantastic.

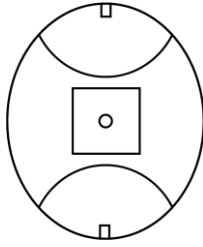






# SPORT

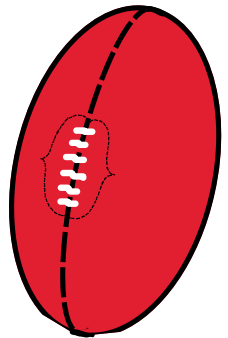
Duncan Sanders



**GOAL!**



This term in Sport, students have had an action-packed experience! With support from Reclink, local AFL trainers joined us, providing expert guidance and coaching to sharpen our skills on the field. We also focused on the importance of health and fitness, exploring how it contributes to overall well-being.



Basketball training helped us enhance teamwork and coordination, while improving our game strategy. The term culminated in an exciting experience at the Kalabilities AFL Carnival, where students competed with enthusiasm and showcased the skills they've developed. It's been a fantastic term filled with growth and team spirit!





# WORKSHOP

Mark Barritt



In Term 3, our workshop students have been working on completing their major projects. Some students have taken on the challenge of crafting their own ukuleles. Every student has worked diligently, embracing both skill development and safety in the workshop environment. We are proud of their achievements and the positive atmosphere maintained throughout the term, with all participants handling tools safely and effectively. It's been wonderful to see students adding their own personal touches and colours to their projects. Keep up the great work!





# RETAIL

Meagan Green

During Term 3, students successfully completed two units focused on effective workplace practices and maintaining a positive work environment.

A highlight of the term was the launch of the Bark Bites sales project, where students engaged in marketing, making, packaging, and selling natural dog treats, which garnered enthusiastic responses from pets in the community.

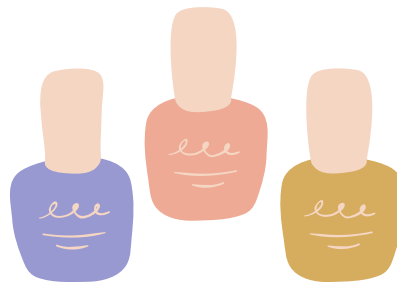
Additionally, students expanded their understanding of retail operations by visiting Vinnies stores, where they explored job interview attire for different roles and learned valuable lessons in customer service and store layout, further enhancing their practical knowledge of the retail industry.





# VISAGE

Trish Bradford



Term 3 has been a resounding success, marked by impactful events like R U OK Day and LGBTQ+ Purple Day, where students enjoyed activities such as nail painting.

This term, the ladies further developed their skills while also exploring new techniques, with hands-on practice on one another leading to invaluable first-time experiences. The excitement continues with a Family Salon Day scheduled for Thursday, the 19th, promising to be a delightful showcase of their talents.



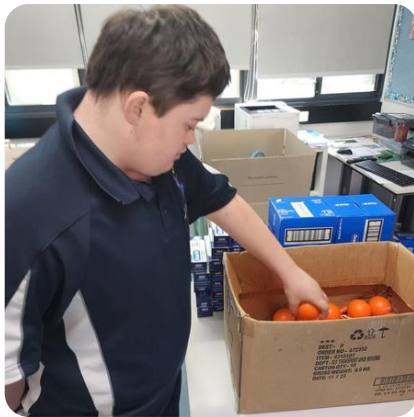


# ENTERPRISE

Lexie Brockman

It has been a very busy term for our Business Enterprise students.

We started off making wheat bags so it would be so warm and cozy during the winter seasons. We also have helped with Foodbank packaging to support the community and to help people in need. We used a production line to help pack the goody bags for our Disability Expo. We participated in activities for R U OK Day by planting some flowers and drumming, to make the day special.



**CARD HOLDER ORDER FORM**  
Brought to you by the T2 Enterprise Students

Name \_\_\_\_\_

Student Name \_\_\_\_\_

Prices	Qty Req.	Total
1 for \$5		
4 for \$15		
6 for \$20		
Total		

**Proceeds to support K9 rescue.**

Colours and patterns may vary, students can choose from stock available. Money and order forms can be left at JTCESC at the front desk. Orders will be filled ASAP. Thank you.

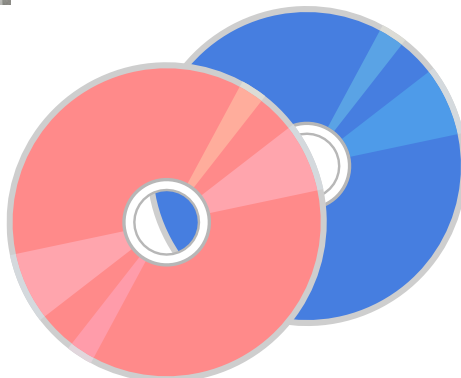
One of our major projects has been our card holders. These are made from recycled CD's. They are amazing Why? Because they are great for elderly people and people with small hands, they are good for games like UNO and are so handy to hold more than 7 cards. We are also going to be selling them at the Malibu Markets and have been selling them at school. The profits from the card holders are going to be going to K-9 Rescue. These are still available. If you would like one, please contact the office to let them know if you like some.

Prices for card holders

1 for \$5

4 for \$15

6 for \$20



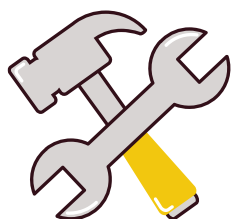


# CONSTRUCTION

Mark Barritt

During term 3 the construction students have been practicing teamwork, setting up the work area in the morning and cleaning up and packing away the tools and equipment in the afternoon. Students are working individually or in teams whilst building their Brick Pyramid or Archway.

We also had a visit to the Construction Futures Centre where students had fun learning about careers in the Construction Industry.





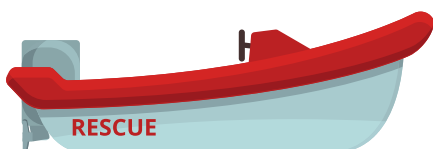
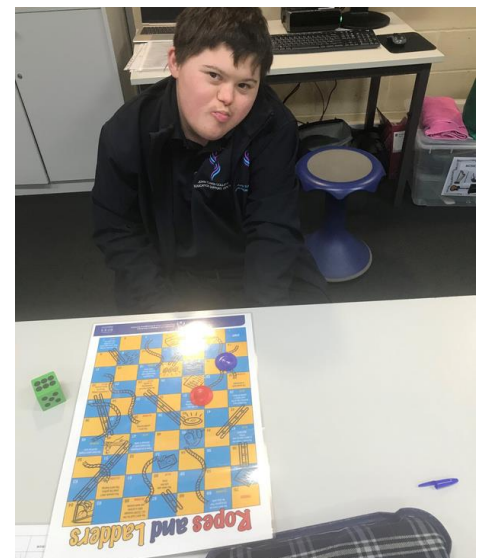
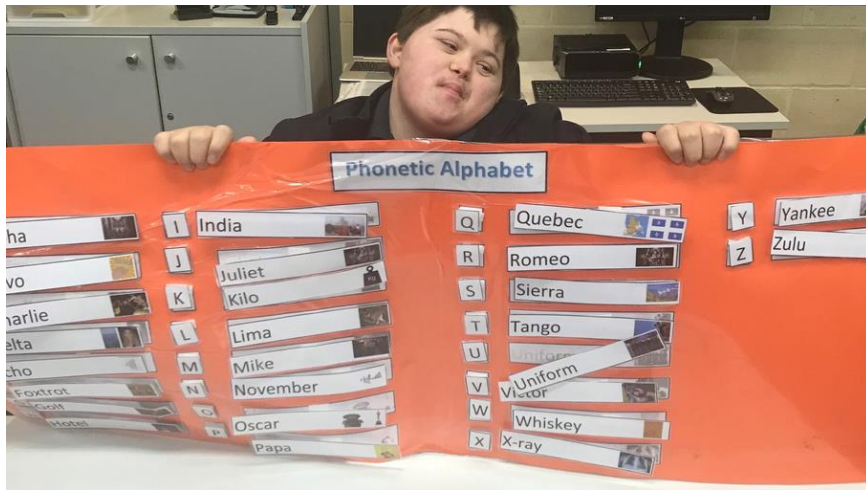
# EMERGENCY CADET PROGRAM

Duncan Sanders



This term in Cadets, we've had an exciting and educational experience! Cadets have continued to learn the NATO Phonetic Alphabet, enhancing their communication skills in high-pressure situations. Cadets also got hands-on practice with fire extinguisher simulators, building their confidence in fire safety.

We explored natural disasters, understanding their impact and how to prepare. Delving into the history of firefighting, we discovered how the profession has evolved over time. Finally, ongoing sessions on boating safety helped Cadets understand the key protocols for staying safe on the water. It's been a productive term, filled with valuable life skills!





# WORKPLACE LEARNING

Marg Bowman



The success of Workplace Learning is dependent on the generosity of the employers. Without them the programme would not give the students the opportunity to experience the real world of work, develop their employability skills, independence and confidence.

We have received glowing reports from our employers on how well the students have worked in their respective placements. The fact that the students have represented not only themselves, but also the school in such a good light, allows us to contact those employers again in 2025 to ask for their support with WPL.

A big thank you to all students for doing such an excellent job.





# TRANSITION

Aaron Spice

A promotional poster for the JTCESC Disability Expo 2024. The top left features the JTCESC logo and the event title 'Disability Expo 2024'. Below this is a 'SCAN ME!' button with a QR code and a 'MORE INFO Eventbrite' link. The central image shows three men in wheelchairs cheering, with a circular inset showing an expo booth. To the right, a list of activities is provided: Door Prizes, Community Groups, Service Providers, Therapy services, Local Groups, Advocacy Support, and a 'come try session + more'. A green starburst graphic says 'FREE ENTRY'. At the bottom, the event details are listed: Friday, 18th October 2024, 10am - 3pm, at the Mandurah Marc Rec Centre, 303 Pinjarra Rd, Mandurah WA 6210. A 'SCAN ME' button with a QR code is also present.

JTCESC  
**Disability Expo 2024**

SCAN ME!  MORE INFO Eventbrite

Where the Future Begins

- Door Prizes
- Community Groups
- Service Providers
- Therapy services
- Local Groups
- Advocacy Support
- come try session + more

FREE ENTRY  
FREE ENTRY  
FREE ENTRY

Scan the QR code to access the JTCESC Disability Expo Social Story  
A Social Story explains new experiences and environments to people who are autistic or have sensory sensitivities. It can be helpful for anyone who experiences nervousness when attending a place or event for the first time.

 **FRIDAY**  
18th October 2024, 10am - 3pm

 **MANDURAH MARC REC CENTRE**  
303 Pinjarra Rd, Mandurah WA 6210

SCAN ME 

A social story is a document that uses storytelling techniques to explain new experiences and environments to people who are autistic or who have sensory sensitivities. Anyone who experiences anxiety or is nervous when attending a place or event for the first time may benefit from access to a social story. A social story for our Disability Expo can be downloaded from the QR Code below.



Please scan QR Code to see details of our upcoming Disability EXPO 2024



John Tonkin College Education Support Centre is very fortunate to have a full-time Transition Officer to help students transition into post-school life. The key objectives of the Transition Officer are:

- Facilitate information sessions with outside agencies
- Connect parents/carers and students with Centrelink and external agencies
- Network with various therapy organisations relevant to individual students
- Create information packs of community sporting and leisure activities in line with the student's interests and future goals which support and encourage community engagement and relationship building enhancing student's independence in social settings.



# TRANSITION

Aaron Spice

## The world is your oyster

CB - SCHOOL LEAVER EMPLOYMENT SUPPORT (SLES)

AFTER SCHOOL TRANSITION SUPPORT

CB -FINDING AND KEEPING JOB (FKJ)

CB -INCREASE SOCIAL & COMMUNITY PARTICIPATION SUPPORTS

CORE SOCIAL COMMUNITY PARTICIPATION SUPPORT

WORK - SLES

Thrive after school with our School Leaver Employment and Transition Support Program, tailored for employment or life skills!



1300 100 767



admin@4lifeskills.org.au | www.4lifeskills.org.au

**Leaving School?**  
**School Leaver**  
**Employment Supports**  
**in your NDIS Plan?**

**Ask a Maxima NDIS**  
**Consultant about 'School**  
**Leaver Employment Supports'**



Head to the QR code to find out more about Maxima's School Leaver Employment Supports.



# WELLNESS



Black Dog  
Institute

Healthy  
Mind

## Welcome to Healthy Mind.

An online Easy Read tool for building good mental health.

### Supporting the mental health of people with Intellectual Disability

(Sydney 1st July, 2020)

Healthy Mind is an innovative online Easy Read tool developed by the Black Dog Institute to help people with intellectual disability (ID) learn to have a happier and healthier life.

Following a successful feasibility trial, Healthy Mind helps people with ID recognise and regulate their thoughts and feelings. The initiative has been built on adapted psychological strategies used by doctors and psychologists, with input from people with lived experience and a wide range of health professionals.

Designed to be truly accessible and tested by people with ID, their families, carers and support workers, we are excited to be associated with the launch of the Healthy Mind website that is now LIVE.

Healthy Mind is unique in what it delivers, as it includes:

- an Easy English translation supported with images
- an audio function for all content

- simple step by step guides, short videos and fun activities
- a design that aligns with the unique learning needs of its users

Enabled on desktop and tablet, free to use and accessible 24/7 without the need to register, the Healthy Mind step by step approach:

- gives you practical strategies to help the ones you care for and about
- facilitates a conversation about mental health in a safe way
- provides support when face-to-face therapy is not available or accessible
- can be used in conjunction with face-to-face therapy providing a supplementary level of support

**Empower the person you care about to cope with their thoughts and feelings.**

Visit [healthymind.org.au](https://healthymind.org.au)





# WELLNESS

## Get on the front foot with your mental health

The good news is there are lots of things we can all do to promote good mental health and take control of our mental wellbeing. Find out how you can keep mentally healthy and how you are doing today. For more information go to [www.actbelongcommit.org.au](http://www.actbelongcommit.org.au).



## CREATE YOUR SELF CARE PLAN BY DOING ONE OF THESE THINGS EVERYDAY



### FUN

Doing things that we enjoy, that simply put these are things that make us feel happy, excited, or pleased.

#### HOW WILL YOU...?

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### SOCIAL

Consider the people in our lives that make us feel happy, excited, or pleased or the things that we do with them that make us feel this way.

#### HOW WILL YOU...?

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### FOOD

Those things we eat that we relish and look forward to eagerly. This can be any dish or cuisine you like, the focus is on enjoyment.

#### HOW WILL YOU..?

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MENTALHEALTHWEEK.ORG.AU



# WELLNESS



## CREATE YOUR SELF CARE PLAN BY DOING ONE OF THESE THINGS EVERYDAY



### TALK TO

About seeking support, venting, expressing emotion and listening to others. This can help us de-stress, problem solve, provide insight or validation.

### HOW WILL YOU...?

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### SLEEP

Things to do or things to avoid, that lead to positive sleeping experiences..

### HOW WILL YOU...?

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### EXERCISE

Physical activity that we enjoy, may be more leisurely or playful than our usual exercise goals eg we might enjoy going to the beach or having a walk-in nature

### HOW WILL YOU...?

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MENTALHEALTHWEEK.ORG.AU



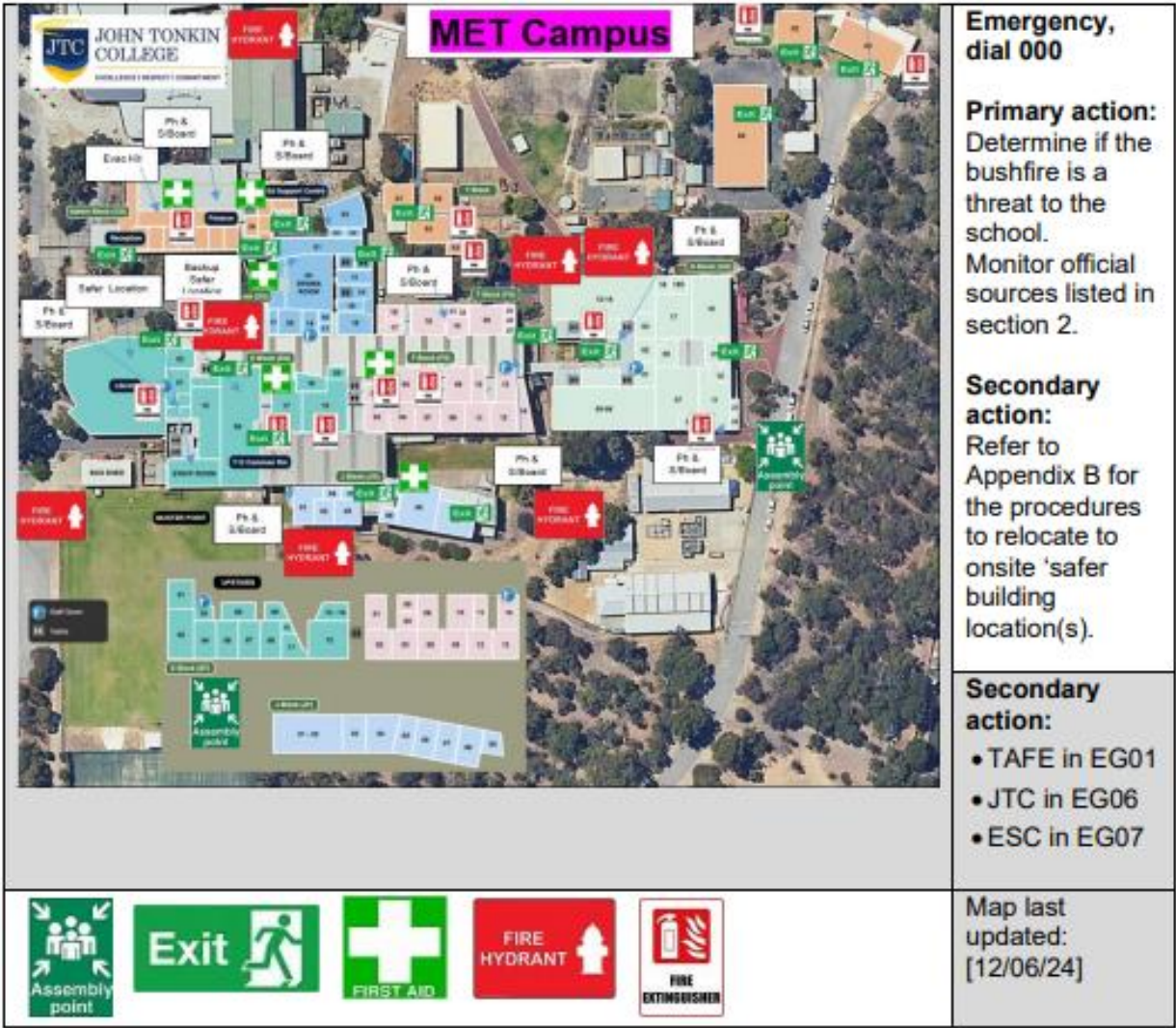
# TERM PLANNER – TERM 4

	Monday	Tuesday	Wednesday	Thursday	Friday
W1	Oct 7 Students return to school	8	9	10	11
W2	14 Headspace Workshop Incursion	15	16 Staff Development Day (No Students)	17	18 JTCECSC Disability EXPO
W3	21	22 Board Meeting 9am	23	24	25
W4	28	29	30 Wildcats Excursion	31	Nov 1
W5	4	5	6	7	8
W6	11 Year 11 Camp	12 Year 11 Camp	13 Year 11 Camp	14	15
W7	18	19	20	21 Graduation Rehearsal	22
W8	25 Year 12 Camp	26 Year 12 Camp	27 Year 12 Camp	28	29 Students Last Day
W9	Dec 2	3	4	5	6 GRADUATION
W10	9	10	11	12	13 Last day of term



# Bushfire Action Plan Maps

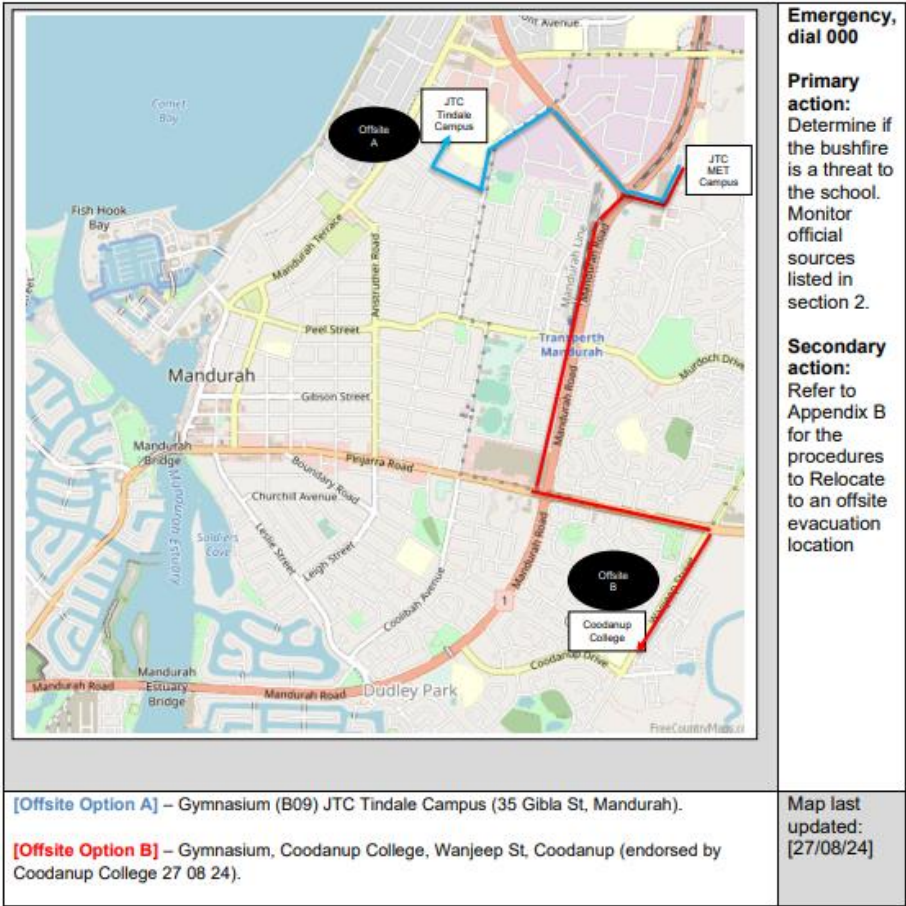
## On-site safer building location



### Offsite Evacuation Locations

# Bush Fire Plan

## 2024/2025





# SCHOOL UNIFORM

## STANDARD OF DRESS FOR JOHN TONKIN COLLEGE EDUCATION SUPPORT CENTRE STUDENTS

All students at the John Tonkin College Education Support Centre are required to wear approved clothing purchased at **Hip Pocket Mandurah**, 104 Park Road, Mandurah WA 6210.

### SCHOOL UNIFORM:

- Navy polo shirt with school logo
- Navy/black tracksuit pants
- Navy/black shorts
- Navy skorts, school dress
- Plain navy blue/black cap - no inappropriate logos
- Plain Coloured socks - black, white, grey, blue
- Closed-in appropriate shoes





# JTCESC CODE OF CONDUCT

All students and staff have the RIGHT to work in a clean and safe environment.

## RESPECT

- Appropriate language and behaviour
- Treat equipment appropriately
- Zero tolerance of bullying
- Be aware of personal space
- Phones off and away (8:00am-2:40pm)
- No smoking on school grounds

## RESPONSIBILITY

- Follow mobile phone rules
- Wear correct uniform
- Be punctual
- Be kind to all
- Be prepared for all classes
- Stay within set boundaries - students are not to leave the premises during school hours



# USEFUL LINKS



**Health Department of WA** - <https://ww2.health.wa.gov.au/>

**Healthy WA** - <https://healthywa.wa.gov.au/>

**Coronavirus (Covid 19) Health Alert** - <https://www.health.gov.au/news/health-alerts/>

**City of Mandurah** - <https://www.mandurah.wa.gov.au/>

**Headspace** - <https://www.headspace.com/>

**Beyond Blue** - <https://www.beyondblue.org.au/>

**Department of Social Services** - <https://www.dss.gov.au/>

**The Salvation Army Australia** - <https://www.salvationarmy.org.au/>

**St Vincent de Paul Society (Vinnies)** - <https://www.vinnies.org.au/>

**The Uniting Church** - <https://assembly.uca.org.au/>

**Black Dog Institute** - <https://www.blackdoginstitute.org.au/>

**Anglicare WA** - <https://www.anglicarewa.org.au/>

**Foodbank Australia** - <https://www.foodbank.org.au/>

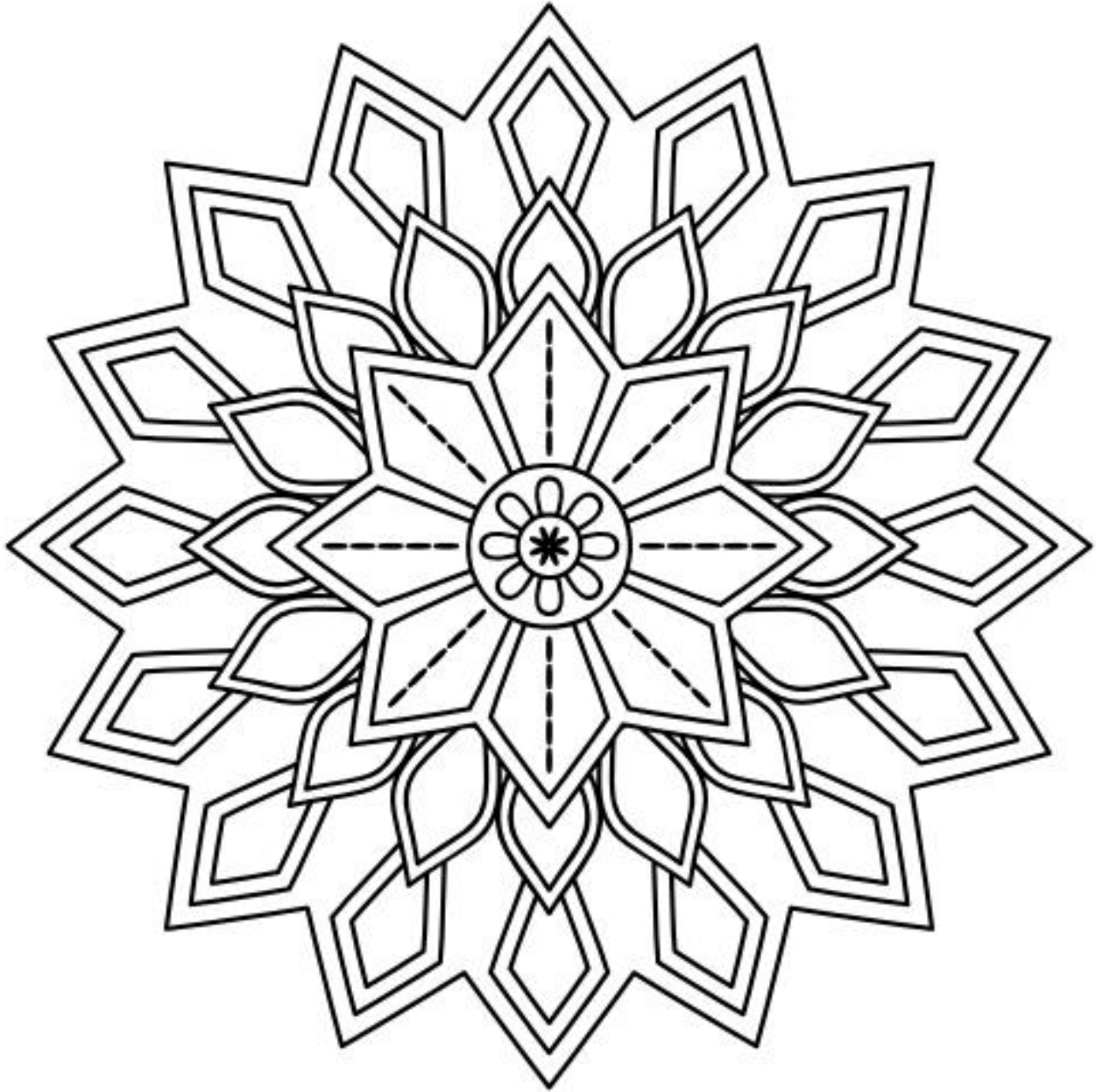
**Halo Team** - <http://www.haloteaminc.org.au/>

**Lifeline** - <https://www.lifeline.org.au/>

**Kids Helpline** - <https://kidshelpline.com.au/>



# Mindful Colouring



Acting with mindfulness is one of the many ways you can keep mentally healthy.

Mindfulness is paying attention to the present moment with openness, curiosity and without judgement. It's not just for when you are feeling stressed or unwell, it can help any of us enjoy a more fulfilled life.

Colouring can be an enjoyable way of practising mindfulness. Colouring is good for us because it uses the part of our brain responsible for improving concentration, motor skills, problem solving and organisational skills.

Enjoy some mindfulness today by colouring in this mandala.

**Being mentally healthy feels good!**

For more tips on how to keep mentally healthy visit [actbelongcommit.org.au](https://actbelongcommit.org.au)

